

2017 IADR Abstracts

3M[™] Lava[™] Esthetic Fluorescent Full-Contour Zirconia

Welcome

Each year the International Association for Dental Research (IADR) holds the premier global conference for the communication of scientific and technological advancements in oral care. In March 2017, this conference was held in San Francisco where more than 4,000 posters and presentations were given.

Through our 3M[™] Health Care Academy brand, we are pleased to share with you this collection of "Scientific Facts" summarizing research on 3M[™] Lava[™] Esthetic Fluorescent Full-Contour Zirconia. The extensive characterization of this unique material, prior to commercialization, covered a wide array of topics from natural toothlike fluorescence, quantifying ease of adjustment, determination of the adhesive durability to resin cements to numerous measurements of the mechanical and chemical durability.

3M Oral Care is in the unique position to leverage more than 46 diverse corporate technology platforms and has more than 5,000 corporate research and development staff to transform research into innovative products and solutions that benefit dental professionals and their patients.

Whether or not you were able to attend the 2017 conferences this year, we hope you continue to engage our research team as we all work to make better dentistry possible.

Sincerely, **3M Oral Care**Lifelong Oral Health for Everyone

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Grinding Behavior of a Novel Esthetic Full-Contour Zirconia

Authors:

Rainer Dittmann (**Presenter**), 3M Oral Care Michaela Urban, 3M Oral Care Björn Theelke, 3M Oral Care Philipp Doebert, 3M Oral Care PJ Flanigan, 3M Oral Care

Abstract:

Objectives: In this study the grinding behavior of sintered CAD/CAM zirconia restoration materials was investigated in a standardized *in vitro* test setup that simulates clinical procedures. The result gives an indication about the ease of adjustment and removal of restorations made from the different materials.

Methods: Sample bars (n=5) were cut from 3M™ Lava™ Plus High Translucency Zirconia (LPZ) and a novel material 3M™ Lava™ Esthetic Fluorescent Full-Contour Zirconia (LEZ). Samples of both materials were sintered according to instructions to final dimensions of I=17mm w=1.25mm h=6mm. Each sample was placed in a longitudinal moving abrasion test device (Elcometer 1720) allowing a free mobility in z-direction to apply a constant load of 2.6 N. The sample side (I*w) was moved back and forth (path length L=9.8mm, frequency f=120 cycles/min for a time t=30 s) over an orthogonally fixed dental turbine handpiece (KaVo INTRAsurg 300 with W&H WS-92 E/3 handpiece) with a red ring diamond cylinder (edenta diamond instruments FG K881.016) running constantly at 108,000 rpm with water cooling. The grinding profile and sample width were measured with a laser scanning microscope (Keyence VK-X200) and the amount of removed zirconia material was calculated.

Results: The removed zirconia volumes (dV) are summarized in Table 1. 2-sample-t-test (p<0.05) was performed for LPZ and LEZ. dV is significantly higher for LEZ compared to LPZ.

Conclusions: In this standardized grinding experiment it has been shown that higher volumes are removed from LEZ compared to LPZ with a diamond tool at similar time and load. The result reveals that LEZ is easier to grind compared to LPZ in clinical situations. This suggests an advantage if contact points of restorations have to be adjusted or when restorations have to be removed.

Grinding Behavior of a Novel Esthetic Full-Contour Zirconia (cont.)

Table 1

Sample	3M™ Lava™ Plus High Translucency Zirconia dV (mm³)	3M [™] Lava [™] Esthetic Fluorescent Full-Contour Zirconia dV (mm³)
1	7.3	13.3
2	6.9	11.5
3	7.2	11.6
4	7.3	11.8
5	8.2	11.4
Mean	7.4	11.9
Standard Deviation	0.5	0.8

3M Oral Care Summary:

Study Objectives: To determine the ease of adjustment and/or removal of 3M™ Lava™ Esthetic Fluorescent Full-Contour Zirconia restorations.

Summary of Results: Lava Esthetic zirconia will take less time to adjust, perforate for endodontic access or crown removal based on the volume of material ground away with a red ring diamond for a given period of time compared to 3M™ Lava™ Plus High Translucency Zirconia.





Roughness, Gloss and Opposing Enamel Wear of Translucent Zirconia

Authors:

Sung Joon Kwon (**Presenter**), University of Alabama Birmingham Preston Beck, University of Alabama at Birmingham John Burgess, University of Alabama at Birmingham Nathaniel Lawson, University of Alabama at Birmingham

Abstract:

Objectives: To compare wear, antagonistic enamel wear, gloss and roughness of as-sintered, polished and glazed 3M™ Lava™ Esthetic Fluorescent Full-Contour Zirconia.

Methods: Pre-sintered zirconia blanks were cut using a dry saw and hand-sanded with P2500 sand paper. Samples were sintered by heating for 10°C/min to 1500°C and holding at temperature for 2 hours. Three sets of specimens (n=8) were prepared as follows: 1) "As-sintered", 2) glazed with IPS e.max® Ceram following the manufacturer's IFU and 3) hand polished with NTI® CeraGlaze® Polishers (coarse, fine, and super fine) at 10,000 RPM followed by an Intraoral DiaShine Fine paste using a soft bristle brush. Wear against maxillary central incisor enamel was measured as a reference. Specimens were mounted in the Alabama Wear Machine against modified human premolar antagonists and tested for 300,000 cycles (20N, 2mm sliding distance, 1Hz frequency, and 33% glycerin lubrication). Volumetric loss of zirconia and opposing enamel was measured using non-contact light profilometrey (10µm resolution). Surface roughness (R_a) was measured with a non-contact, light profilometer. A 4mm length was measured with 0.8mm cutoff length, and 136 surface filter number. Gloss was measured with a glossmeter (Novo-Curve). Data for each property was analyzed using individual 1-way ANOVAs and Tukey post-hoc analyses (alpha=0.05).

Conclusions: Polished and as-sintered Lava Esthetic zirconia had no detectable wear while glazed specimens only showed wear of the glaze. Polished Lava Esthetic zirconia created the least amount of opposing enamel wear. Enamel, glazed and as-sintered specimens were in the same range. Polishing or glazing Lava Esthetic zirconia improved its gloss and decreased its roughness. Project sponsored by 3M.

Roughness, Gloss and Opposing Enamel Wear of Translucent Zirconia (cont.)

Sample	Roughness (R _a)	Gloss (GU)	Volumetric Wear (mm³)	Enamel Wear (mm³)
As-is	0.158A	28.1A	0	0.230A±0.094
Glazed	0.055B	76.3B	0.058±0.014	0.306A±0.128
Polished	0.027C	180.9C	0	0.068B±0.021
Enamel	_	_	0.142±0.146	0.280A±0.213

3M Oral Care Summary:

Study Objectives: To determine the abrasivity of 3M[™] Lava[™] Esthetic Fluorescent Full-Contour Zirconia against a natural enamel antagonist.

Summary of Results: These results indicate that Lava Esthetic zirconia is wear friendly to opposing enamel.





Flexural Strength of a Novel Esthetic Full-Contour Zirconia Compared to Other Ceramics

Authors:

Björn Theelke, 3M Oral Care PJ Flanigan (**Presenter**), 3M Oral Care Michael Jahns, 3M Oral Care Rainer Dittmann, 3M Oral Care

Abstract:

Objectives: In this study the flexural strength of various ceramic restoration materials including a novel zirconia product was investigated. Different surface preparations which appear on final restorations have been tested for each material.

Methods: Bending bars were cut from CAD/CAM mill blanks, chamfered and sintered or crystallized and prepared to final dimensions (16 x 4 x 1.2mm). The investigated materials were 3M™ Lava™ Plus High Translucency Zirconia (LP), 3M™ Lava™ Esthetic Fluorescent Full-Contour Zirconia (LE) and Ivoclar IPS e.max CAD (EM). Each material sample set was divided in three groups (n=30). One group of each material was tested "as fired" without further treatment and one was polished acc. ISO6872:2015. A third group was treated according to cementation recommendations by sand blasting (2bar, 50µm Corundum) for zirconia or an etching step (IPS Ceramic Etching Gel) for glass ceramic. The bending bars were loaded until fracture in a 3-point-bending setup.

Results: Mean flexural strength (FS) acc. ISO6872:2015 results are summarized in Table 1 and visualized in Diagram 1. 2-sample-t-tests (p<0.05) have been performed for all groups. Groups with significant difference are marked with the different letters in Table 1. Mean FS of the three investigated materials differs significantly from each other independent from surface preparation in the following order LP > LE > EM. Compared to polished groups the samples with surface preparation required for cementation resulted in significant lower FS for LE and EM materials and showed no significant difference for LP.

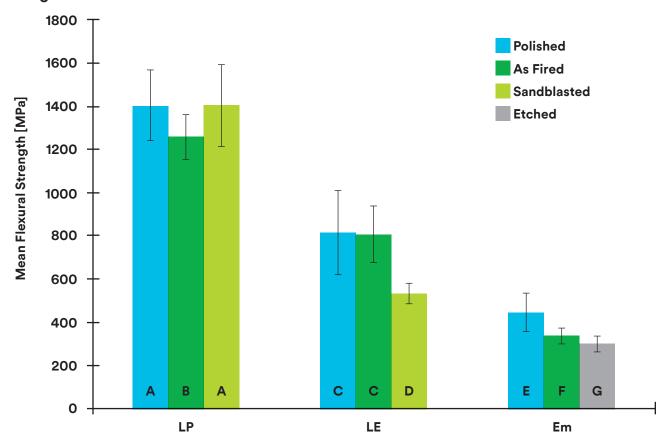
Conclusions: The significant different FS values of the three tested materials need to be considered for restoration design and indication range. LP allows widest indication range. The novel zirconia LE exceeds with all tested surface preparations the recommended ISO6872:2015 limits for Type II, Class 4 indications which supports the use of this material for 3-unit bridges in anterior and posterior situations. EM is limited to 3-unit bridges anterior. This is also reflected in the minimum occlusal wall thickness (for posterior LP 0.5mm, LE 0.8mm, EM 1.5mm).

Flexural Strength of a Novel Esthetic Full-Contour Zirconia Compared to Other Ceramics (cont.)

Table 1

Material		3M™ Lava™ Plus High Translucency Zirconia			3M™ Lava™ Esthetic Fluorescent Full-Contour Zirconia			IPS e.max® CAD		
Surface		Polished	As Fired	Sandblasted	Polished	As Fired	Sandblasted	Polished	As Fired	Sandblasted
Flexural	Mean	1404	1258	1403	814	807	533	446	337	300
Strength (MPa)	Standard Deviation	162	104	191	195	130	47	90	37	36
Statistica	l Group	Α	В	А	С	С	D	Е	F	G





3M Oral Care Summary:

Study Objectives: To determine the flexural strength of zirconia and glass-ceramic restoration materials after being subjected to their surface treatment protocol recommended for cementation.

Summary of Results: 3M™ Lava™ Esthetic Fluorescent Full-Contour Zirconia's flexural strength continues to exceed the minimum requirements for an ISO 6872:2015 Type II, Class 4 ceramic material even after being abraded with 50µm alumina.





Inherently Fluorescent Esthetic Full-Contour Zirconia

Authors:

Michael Jahns (**Presenter**), 3M Oral Care Rainer Dittmann, 3M Oral Care Julia Farr, 3M Oral Care Grit Kindler, 3M Oral Care PJ Flanigan, 3M Oral Care

Abstract:

Objectives: Recently, monolithic zirconia has made big steps toward becoming a highly esthetic restorative material by significant improvements in translucency. One other important feature is inherent fluorescence that matches that of natural dentin. While fluorescence for zirconia is already available for some materials in light tooth shades, it will be shown that this feature now has become available for all tooth shades.

Methods: Specimens (1mm thickness) were obtained by slicing dental materials (3M™ Lava™ Esthetic Fluorescent Full-Contour Zirconia A1, A3.5 cut from the body section and 3M™ Lava™ Plus High Translucency Zirconia shaded by immersion in 3M™ Lava™ Plus Dyeing Liquids A1, A3.5 in combination with 3M™ Lava™ Plus Effect Shade Fluorescence; from Kuraray Noritake: Katana™ STML A1 cut from the body section; from Ivoclar Vivadent: IPS e.max® CAD LT A1). Zirconia specimens were fired to full density, glass-ceramic specimens were crystallized according to IFU. The color of the obtained samples was measured, irradiating with artificial daylight with and without UV component, using a Color i7 from X-Rite. Fluorescence spectra were obtained by subtraction of spectra measured without UV from spectra measured with UV. As fluorescent reference material, bovine dentin was used.

Results: The Lava Esthetic zirconia samples show a broad fluorescence spectrum with a maximum at about 450nm (blue) that is very similar to the spectrum of bovine dentin. The glass-ceramic sample shows fluorescence with a peak at 550nm (green/yellow) (Fig. 1). The fluorescence intensity decreases with darker shades. Lava Esthetic zirconia constantly shows a higher fluorescence than Lava Plus zirconia (Fig. 2).

Conclusions: Lava Esthetic zirconia shows strong, dentin-like fluorescence even in combination with dark shades like A3.5. Lava Plus zirconia is noticeably fluorescent only when light shades like A1 are applied. The Katana sample is not fluorescent. IPS e.max CAD shows fluorescence, but the fluorescence color deviates from that of natural dentin.

Inherently Fluorescent Esthetic Full-Contour Zirconia (cont.)

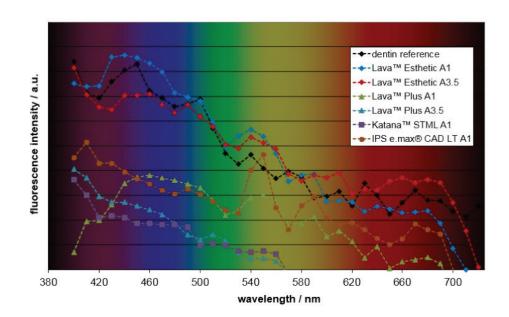


Figure 1. Fluorescence spectra.

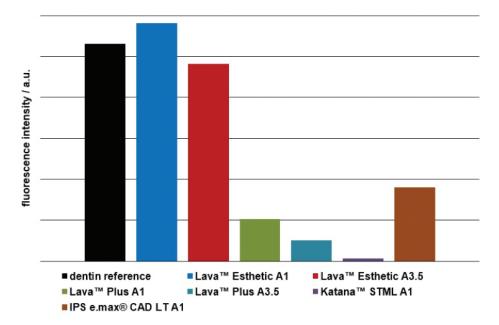


Figure 2. Fluorescence intensities obtained by integration over fluorescence spectra from 400 to 500nm.

3M Oral Care Summary:

Study Objectives: To measure the fluorescence of 3M™ Lava™ Esthetic Fluorescent Full-Contour Zirconia.

Summary of Results: Lava Esthetic zirconia was measured to have a fluorescent intensity similar to a dentin reference in both a light, A1, and dark, A3.5 shade.





Fracture Strength of Zirconia Crowns With and Without Alumina Abrasion

Authors:

Nathaniel Lawson, University of Alabama at Birmingham John Burgess (**Presenter**), University of Alabama at Birmingham Geoffrey Morris, 3M Oral Care

Abstract:

Objectives: ISO 6872:2015 Class 4 zirconia dental ceramics, which contain significant cubic crystal phase to increase translucency, show a reduction in flexural strength when sandblasted. This study measures the fracture strength of zirconia crowns bonded with 3M™ RelyX™ Unicem 2 Self-Adhesive Resin Cement with and without sandblasting.

Methods: Standardized crown preparations were designed with AutoCAD® software with a 0.8mm shoulder margin and 1mm incisal-cervical marginal curvature. Crowns were digitally designed using 3shape software and milled of 3M™ Lava™ Plus High Translucency Zirconia (n=24) or a translucent zirconia, 3M™ Lava™ Esthetic Fluorescent Full-Contour Zirconia (n=24) and sintered following manufacturers' instructions. Axial and occlusal thickness was 1mm except 0.8mm at the central pit. Dies were milled from fiberglass reinforced polymer with a modulus similar to dentin (18.8GPa). One-half the crowns (not abraded) were bonded. The remaining 1/2 were particle-abraded with 280 mesh alumina (45psi, 10 seconds, 10mm distance). All crowns were bonded with a self-adhesive cement (RelyX Unicem 2 cement) and self-cured for 6 minutes under 200g of applied load. Cemented crowns were load cycled for 100,000 cycles using 100N force in a custom fatiguing device in water at 24°C with a stainless steel ball contacting all four crown cusps. After load cycling, a 1.5mm rubber sheet was placed between the indenter and the crown to simulate a food bolus and the crowns were loaded with a stainless steel indenter (7mm radius) with a crosshead speed of 1mm/min until failure in a universal testing machine. Data was analyzed with ANOVA and t-Test.

Fracture Strength of Zirconia Crowns With and Without Alumina Abrasion (cont.)

Results:

Force to Fracture Crown (N)								
n=8	3M™ Lava™ Esthetic Fluorescent Full-Contour Zirconia	3M™ Lava™ Esthetic Fluorescent Full-Contour Zirconia	3M™ Lava™ Plus High Translucency Zirconia	3M™ Lava™ Plus High Translucency Zirconia				
Intaglio Surface	As Made	Abraded	As Made	Abraded				
Average	4584	5174	8210	8921				
Standard Deviation	265	771	919	1086				

Conclusions: 280 mesh alumina particle abrasion did not reduce the fracture strength (p>.05) of bonded zirconia crowns in this limited *in vitro* study.

3M Oral Care Summary:

Study Objectives: To determine the force required to fracture a 3M[™] Lava[™] Esthetic Fluorescent Full-Contour Zirconia crown cemented with 3M[™] RelyX[™] Unicem 2 Self-Adhesive Resin Cement, with and with out the internal surface of the crown sandblasted with aluminum oxide, after fatigue testing.

Summary of Results: No difference was observed in the force required to fracture a Lava Esthetic zirconia crown when the internal surface was sandblasted. The force required to fracture the Lava Esthetic zirconia crowns was > 4X the maximum force the human jaw can exert.





Surface Treatment on Shear Bond Strength of High Translucent Zirconia

Authors:

Martin Rosentritt (**Presenter**), UKR University Hospital Regensburg Michael Behr, UKR University Hospital Regensburg Carola Kolbeck, UKR University Hospital Regensburg Verena Preis, UKR University Hospital Regensburg

Abstract:

Objectives: The aim of this investigation was to evaluate bonding opportunities to high translucent zirconia after different surface treatments.

Methods: Shear bond strength was determined between high translucent zirconia plates (3M™ Lava™ Esthetic Fluorescent Full-Contour Zirconia, 3M Oral Care, USA; 2mm, 20mm, 10mm) and CoCr cylinders (d=5mm, height 3mm). Bonding was performed after different activation and cleaning procedures of the plates. Standard zirconia (3M™ Lava™ Plus High Translucency Zirconia) served as a reference. Zirconia in all cases was sandblasted (40μm aluminum oxide, 2bar). Cements: 3M™ RelyX™ Unicem 2 Self-Adhesive Resin Cement, 3M™ RelyX™ Ultimate Adhesive Resin Cement and Multilink® Automix (Ivoclar-Vivadent; FL). Bondings: 3M™ Scotchbond™ Universal Adhesive, Monobond + (Ivoclar). Cleaning was performed with alcohol, NaOCl or water. Individual surfaces were contaminated with human saliva. After 24hrs, TC (12000x 5°C/55°C) and 90d storage (37°C) shear bond strength (SBS) was determined (ISO TR 11405; v=1mm/min, n=10). Bonding areas were classified into adhesive, mixed and cohesive failure. Statistics: mean and standard deviation; one-way ANOVA / Bonferroni (α=0.05).

Results: Shear bond strength after 24hrs varied between 3.5 MPa (#4) and 69.4 MPa (#14). After TC values between 0.0 MPa (#4, no bonding) and 70.3 MPa (5) were found. After 90 days storage the lowest SBS values were found for #4 (0.0 MPa) and highest results for #7 (75.7 MPa). Detailed results see table. The statistical comparison revealed significant differences between the systems. Dominate failure pattern was adhesive.

Surface Treatment on Shear Bond Strength of High Translucent Zirconia (cont.)

					Mean			Standard Deviation		
#	Zirconia	Cement	Procedure	Primer	24h	тс	90d	24h	тс	90d
1	3M™ Lava™ Plus High	3M™ RelyX™ Unicem 2 Self-Adhesive Resin Cement		None	47.8	65.3	61.8	6.4	16.5	13.3
2	Translucency Zirconia	3M™ RelyX™ Ultimate Adhesive Resin Cement	Alcohol	3M [™] Scotchbond [™] Universal Adhesive	58.3	67	57.8	7	17.8	16.1
3			Alcohol		51.8	54	67.3	9.4	17.4	16.1
4		3M™ RelyX™ Unicem 2 Self-Adhesive	Saliva	None	3.5	0	0	2.1	0	0
5		Resin Cement	Saliva/Water	ivone	52	70.3	68.3	8.4	10.6	15.9
6			Saliva/ NaOCI/Water		56.4	66.6	67.9	8.1	8.7	14.1
7			Alcohol		67.7	57.6	75.7	7.9	11	6.9
8	3M™ Lava™ Esthetic	3M™ RelyX™	Saliva	3M [™] Scotchbond [™]	49.9	62.9	65.4	12.1	14.1	9
9	Fluorescent Full- Contour Zirconia	Ultimate Adhesive Resin Cement	Saliva/Water	Universal Adhesive	64.7	66.3	55.8	14.7	15.3	19.9
10			Saliva/ NaOCI/Water		62.3	69.6	63	11.7	19.6	9.9
11			Alcohol		54.7	67.6	55.1	19.1	24	18.7
12			Saliva	Monobond	13.7	7	10.8	10.1	16	6.6
13		Multilink Automix	Saliva/Water		66.6	47.6	26.7	13.8	16.7	11
14			Saliva/ NaOCI/Water		69.4	51	22.4	14.1	12.6	10.7

Conclusions: The use of self-etching cement or adhesive bonding together with cleaning and decontamination guaranteed efficient bonding to translucent zirconia 3M[™] Lava[™] Esthetic Fluorescent Full-Contour Zirconia.

3M Oral Care Summary:

Study Objectives: To measure the bond strength of 3M[™] RelyX[™] Unicem 2 Self-Adhesive Resin Cement, 3M[™] RelyX[™] Ultimate Adhesive Resin Cement and Multilink[®] Automix to saliva contaminated and decontaminated 3M[™] Lava[™] Esthetic Fluorescent Full-Contour Zirconia.

Summary of Results: Decontamination by wiping with a 5% NaOCI solution followed by a water rinse, or rinsing with water alone, both followed by an air dry, resulted in bond strengths equivalent to those found for uncontaminated Lava Esthetic zirconia for all cements studied. Mean shear bond strengths in excess of 65 MPa were measured after 90 day storage in 37°C water with RelyX Unicem 2 cement.





Crystal Phase Composition and Hydrothermal Stability of Zirconia Ceramics

Authors:

Geoffrey Morris (**Presenter**), 3M Oral Care Julia Farr, 3M Oral Care PJ Flanigan, 3M Oral Care Arno Schmalzi, 3M Oral Care Björn Theelke, 3M Oral Care Rainer Dittmann, 3M Oral Care

Abstract:

Objectives: Zirconia ceramics with higher yttria content and improved esthetics have recently been introduced for dental restorations. In this study the crystal phase composition of CAD/CAM zirconia restorative materials with different yttria content were investigated before and after accelerated hydrothermal treatment.

Methods: Plates (14 x 14 x 2mm) were prepared from 3M™ Lava™ Plus High Translucency Zirconia (LP) and 3M™ Lava™ Esthetic Fluorescent Full-Contour Zirconia (LE). The samples were sintered to full density (LP 1450°C/2h, LE 1500°C/2h). X-ray diffraction measurements were performed on four samples using Bragg-Brentano geometry (Bruker D8 Discover). Quantitative crystal phase analysis was done by the Rietveld method (Bruker TOPAS software). The samples were measured initially and after hydrothermal treatment for 5 hours in a steam autoclave at 135°C under 2 bar.

Results: Crystal phase compositions of zirconia materials are presented in Table 1. LE shows a lower tetragonal and a higher cubic crystal phase content compared to LP in initial state. Monoclinic phase content after hydrothermal treatment is higher for LP compared to LE.

Crystal Phase Composition and Hydrothermal Stability of Zirconia Ceramics (cont.)

Table 1. Crystal phase composition analyzed by XRD

Material		Tetragonal [wt.%]	Cubic [wt.%]	Monolithic [wt.%]	Distorted Cubic [wt.%]
3M™ Lava™ Plus High	Initial	82 +/- 0	18 +/- 0	0 +/- 0	0 +/- 0
Translucency Zirconia	After hydrothermal treatment	62 +/- 1	20 +/- 0	14 +/- 0	4 +/- 0
3M™ Lava™ Esthetic	Initial	47 +/- 0	53 +/- 0	0 +/- 0	0 +/- 0
Fluorescent Full-Contour Zirconia	After hydrothermal treatment	46 +/- 1	51 +/- 0	3 +/- 0	0 +/- 0

Conclusions: LP has initially a higher tetragonal phase compared to LE whereas in LE the cubic crystal phase is dominant.

After hydrothermal treatment LE shows lower monoclinic phase compared to LP which reveals an increased hydrothermal stability of LE.

3M Oral Care Solutions Summary:

Study Objectives: To determine the ability of 3M[™] Lava[™] Esthetic Fluorescent Full-Contour Zirconia to resist chemical attack by water.

Summary of Results: Lava Esthetic zironia did not degrade after exposure to an accelerated hydrothermal stability test where samples were exposed to water at 135°C, under 2 bar pressure, for 5 hours.

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